

Contribution of Guidance and Counseling in Formal Education

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Abstract—School is a formal educational institution has an important role in developing all the potentials of students both cognitive, affective, and psychomotor aspects. In other words, schools are established not only to produce people who have academic knowledge, but also to produce human beings who can have the ability to develop an optimal personality. The development of the personality of the learner ideally touches all aspects of the learner's life in the growing period. This means that the development of this personality must be based on all aspects of human development. Education is a process of change towards the better in the learners. Therefore, between education and guidance and counseling have a good relationship that is in the process of education there are conscious efforts to guide and direct the physical, mental, emotional, and moral growth of learners in order to run a life that is useful for himself and others. Guidance and Counseling is the process of providing assistance to individuals or learners with interview method according to individual problems faced to achieve prosperity in solving problems of life with its own ability so directed, continuous and systematic so that he can develop the potential possessed and able to develop themselves optimally with ways to understand yourself, understand the environment, overcome obstacles to determine future plans, and develop their potential optimally. So Guidance and counseling in formal education has a very important contribution to support the learning process.

Keywords—Guidance and Counseling, Formal Education

I. INTRODUCTION

Law no. 20 year 2003 on national education system article 3, national education goal is to develop the potential of learners to become human beings who believe and pious to God Almighty, have noble character, healthy, knowledgeable, capable, creative, independent, and become citizens of democratic and responsible[1]. In line with the School as a formal educational institution has a great responsibility in developing all the potentials of learners both cognitive, affective, and psychomotor aspects. In other words, madrasahs or schools are established not only to produce people who have academic knowledge, but also to produce human beings who can have the ability to develop an optimal personality. The development of the personality of the learner ideally touches all aspects of the learner's life in the growing period. This means that the development of this personality must be based on all aspects of human development.

Education is a process of change towards the better in the learners. Therefore, between education and guidance have a good relationship that is in the process of education there are conscious efforts to guide and direct the physical growth, mental, emotional, and moral learners in order to run a life that is useful for himself and others. Guidance and Counseling is a form of discipline in the effort to provide assistance to students and others either by interviews conducted with four matamapun other ways appropriate to the condition of the client in overcoming the problem of his life difficulty to develop the ability for students to be able to solve its own problems with both in an effort to achieve the welfare of his life[2]. So Guidance and counseling in formal education has a very important contribution to support the learning process.

II. DISCUSSION

A. Guidance and Counseling

Guidance is the assistance given to the individual (learners) so that with the potential[3]. possessed able to develop themselves optimally by understanding themselves, understanding the environment, overcoming obstacles in order to determine a better future plan Guidance is the process of helping children achieve self-understanding and penyararahan the self that is required by the child to adjust himself to the maximum[4]. While counseling according to Walgito is the process of providing assistance to individuals to solve problems of his life with the method of interview according to individual problems faced to achieve the welfare of his life. In essence the individual can solve the problem by his own ability[5]. In such a case the client remains in an active state, so as to be able to reach the solution independently in overcoming the problems it faces. Guidance and counseling is a process of provision of assistance directed, continuous and systematic to each individual so that he can develop its potential

From some of the above opinion can be hinted that Guidance and Counseling is the process of providing assistance to individuals or learners with interview method according to individual problems faced to achieve prosperity in solving life problems with its own ability so directed, continuous and systematic so that he can develop the potential owned and able to develop themselves optimally by understanding themselves, understanding the environment, overcoming obstacles to determine future plans, and developing their potential optimally[6].

Guidance and Counseling Objectives basically lead to educational attainments that seek to help Learners can: (1) plan their completion of study, career development and future life; (2) to develop all its potential and strengths as optimal as possible; (3) adapt to the education environment, the community environment and its working environment; (4) overcoming obstacles and difficulties encountered in the study, adjustment to the educational environment, community, and work environment[7]. Areas of guidance and counseling include:

- a. Personal Guidance
Personal guidance is the field of service developing the ability to overcome personal problems and personality, concerning aspects of intellectual, affective, and motor.
 - b. Social guidance
Social counseling is the field of service development and overcoming social problems, in family life, in schools, as well as in society, as well as issues related to cooperative efforts and interacting with peers as well as adults and younger children.
 - c. Educational Guidance
Educational guidance is the field of services that optimize the development and address the problems in the education process that is being undertaken and that will be lived later.
 - d. Learning Guidance
Learning guidance is the service field to optimize progress and solve problems in the learning process.
 - e. Career Guidance
Career guidance is a service field that plans and prepares the development of a child's career. Career coaching is essentially one of the educational endeavors through personal approaches in helping individuals to achieve the necessary competition in dealing with career problems.
- 2) Guidance and counseling function in schools, among others[8].
- a. Understanding function
Counseling and counseling helps counsees to have an understanding of themselves (potential) and the environment (education, work, and religious norms). Based on this understanding, the counselee is expected to develop his potential optimally and adapt himself to the environment dynamically and constructively.
 - b. Preventive function
Counselor's effort to always anticipate the various problems that may occur and trying to prevent it so as not experienced by konseli. Melalui this function, counselors provide guidance to the counsel about caramengnose yourself from acts or activities that endanger himself. As for techniques that can be used is service orientation, information and group guidance.
 - c. Development function

The counselor strives to create a conducive learning environment that facilitates counseling. Counselors and other school personnel synergize as teamwork collaborate or collaborate to plan and implement a systematic and continuous guidance program in order to help the counselee achieve his developmental tasks.

- d. The healing function
This function is closely related to efforts to provide assistance to counsees who have experienced problems, whether involving personal aspects, social, learning, and career. Teknik that can be used is counseling, and remedial teaching.
- e. Distribution function
Guidance and counseling function in assisting counselee choosing extracurricular activities, majors or courses and establishing career mastery or positions in accordance with interests, talents, skills and other personality traits. In performing this function, counselors need to work with other educators in as well as outside educational institutions.
- f. Adaptation function
Functions help educators, principals and staff, counselors and teachers to tailor educational programs to the educational background, interests, abilities, and needs of the counselee. Using adequate information on counselors, counselors / counselors can assist teachers in treating counsees appropriately, both in choosing and arranging school materials, choosing methods and learning processes according to the ability and speed of the counselee.
- g. Adjustment function
The function of guidance and counseling in helping counsees to be able to adjust to the environment dynamically and constructively.
- h. Function improvements
Facilitation function Guidance and counseling function to assist the counselee so as to correct mistakes in thinking, feeling and acting (willing). Counselors intervene (give treatment) to the counsel in order to have a pattern of thinking healthy, rational and have the right feeling that can lead them to action or productive and normative will.
Provide convenience to the counselee in achieving optimal growth and development, harmonious, harmonious and balanced all aspects of the counselee.
- i. Maintenance function
Guidance and counseling function to assist the counselee in order to maintain themselves and maintain the conducive situation that has been created within him.
The function of Guidance and Counseling is closely related to the Education process that leads to a process of behavioral improvement that supports learning.

B. Education

Formal education is a systematic, multilevel, starting from elementary school to university and equals with it, including into academic and general-oriented studies, specialization programs, and professional practice, which are carried out in a continuous time[9]. Education is a conscious and planned effort to create an atmosphere of learning and learning process so that learners actively develop their potential to have spiritual strength, self-control, personality, intelligence, noble character, as well as skills needed him and society So that education is an effort to humanize human beings through academic-oriented learning process that is carried out continuously planned to develop the potential of learners to become human beings who believe and pious to God Almighty, have a noble character, healthy, knowledgeable, capable, creative, independent, and become citizens of democratic and to be responsible[1].

The purpose of education is a conscious and planned effort to create an atmosphere of learning and learning process so that learners actively develop their potential to have spiritual power of religion, self-control, personality, intelligence, noble character, and skills needed him, society, effective learning is the goal of every education that leads to the improvement of learners knowledge Guidance and Counseling in formal education is an effort to help students to achieve optimal learning so that the education process goes well[10]. So in the process of guidance and counseling education provides an important role to help the problems that inhibit learners in teaching and learning process so that the goal of education is reached maximally by humanizing human beings according to the purpose and function of guidance and counseling.

C. Contribution of Guidance and Counseling in Formal Education

Guidance and Counseling is one of the educational programs directed to national education renewal efforts.[11] Viewed the meaning and purpose of guidance and counseling in depth hence clear urgency is very big for effort consolidation direction of life of learners in various field concerning science, skill, and mental attitude in society. Through the Guidance and Counseling program it leads to the development of a complete dimension of kemansuaian and reaching mature persons with a soothing social ability, high morals and faith and deep piety, but the reality that is still being seen is a less developed and fragile personal condition, tenuous social, low morality and belief and piety shallow[12]. Effective learning process is the goal of every education that leads to increased knowledge of learners. Guidance and Counseling in formal education is an effort to help students to achieve optimal learning to the educational process goes well. In the process of guidance and counseling education provides an important role to help the problems that hinder learners in teaching and learning process so that the goal of education is reached maximally

by humanizing humanity according to the purpose and function of guidance and counseling.

In Guidance and Counseling activities the main goal of the task is the students who must be avoided from difficulties and also memnerikan service or assistance to those who are experiencing problems of life, especially problems that berkaitan with teaching and learning process. Teaching activities that direct the development of curricular activities on the achievement of optimal ability students are included guidance and guidance activities conducted individually including in counseling[11]. The educational process is still encountered many problems experienced by students and Guidance and Counseling has an important role. Guidance and Counseling is a service that provides prevention, understanding, improvement and alleviation efforts to support the education process in schools that leads to national education renewal efforts that have a great urgency for efforts to consolidate the direction of the younger generation in various fields related to science, skills and mental attitude learners. Guidance and Counseling is the process of providing assistance to individuals or learners in solving problems of life with their own ability so that directional, continuous and systematic so that he can develop the potential possessed and able to develop themselves optimally by understanding themselves, understanding the environment, overcoming barriers to determine plan the future and develop the potential it has in an optimal way to support the education process.

III. CONCLUSION

From the description above can be concluded that Guidance and Counseling has a very big contribution to education that is understanding, prevention, improvement and alleviation, especially in terms of optimizing the personality, social, learning and career learners from the problems to achieve human intelligent and personality. Education is an effort to humanize human beings in line with the purpose and function of guidance and counseling is to help learners independently solve the problems that hinder the education process. So that learners achieve optimization in learning and educational goals achieved well.

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