

Transcendence On The Beach: A Critical Reflection On The Sustainability Of The Jamu Laut Tradition In Jaring Halus Village, Langkat District

Muhammad Yasir ¹, Maryam Khodimatullah Lubis^{2*}, Novia Sri Hartati ³, Aznila Br Simbolon ⁴

Communication Studies Program, Universitas Islam Negeri Sumatera Utara, Indonesia yasirrahmad84@gmail.com

Abstract. This research aims to reveal the complexity and sustainability of the Jamu Laut tradition in Jaring Halus Village, North Sumatra, and its impact on the spiritual and cultural awareness of the community. The Jamu Laut tradition reflects a unique balance between local culture, spirituality, and human interaction with nature. This study employs a transcendental communication approach with an in-depth case study method. The findings indicate that the Jamu Laut tradition plays a crucial role in maintaining cultural identity, continuing cultural heritage, and protecting fishermen from potential threats and disasters. Additionally, this tradition preserves cultural knowledge and transmits social values through generations. Despite facing social, economic, and environmental changes, the practice of transcendental communication in this tradition plays a vital role in nurturing religious and moral values in the community. This study provides deep insights into the relationship between humans, nature, and the spiritual dimension in local culture. It contributes to the understanding of valuable cultural diversity and the importance of traditions like Jamu Laut in celebrating human connections with nature and the spiritual world. Efforts to preserve this cultural heritage enable the community to feel connected to their ancestors and create a deeper connection between the past and the future.

Keywords: Sea Herbal Tradition, Communication Transcendental, Jaring Village Fine

1 Introduction

In civilization humans , there are traditions ancient that holds very important role in life society and within understand connection they with nature and dimensions transcendental [1], [2]. One of prominent example is Sea Herbal Medicine tradition in Jaring Village Smooth , Regency Langkat , North Sumatra [3]. This tradition has become the part that doesn't inseparable from culture and identity community of Jaring Village Smooth , and has been continued from One generation to generation next . Although this tradition took root in history long , ia face various challenge in effort maintain sustainability in the middle rapid changing times . The Sea Herbal Tradition illustrates unique balance between culture local and spirituality . The Sea Herbal Medicine tradition reflects deep relationship between humans , nature , and the spiritual dimensions that exist in culture community of Jaring Village Fine.

Based on research carried out [4], Implementation Sea Herbal Medicine tradition in Jaring Village Smooth , Regency Langkat , North Sumatra, created something enabling environment public fisherman For obtain deep understanding about connection they with nature and society they . This tradition has be one inner core aspects life daily public fishermen in this village , and through their implementation build pattern strong behavior in interact with environment nature and environment social they . This creates values reflected high social status in symbols and rituals of implementing Sea Herbal Medicine. Tradition also provides rich and varied ritual patterns , which are viewed as action piety towards the Creator . Jaring Village Community Fine believes that natural give fortune and grace for

life it is they, especially the fishermen, who depend on the results sea. In implementing Sea Herbal Medicine, they respect and acknowledge the role of the Creator in give blessing and safety in undergo profession they as fisherman. This ritual became embodiment concrete out of their gratitude and piety show to nature and more high [3].

Apart from being representation from values social and piety , the Sea Herbal tradition also plays a role in maintain and pass on inheritance rich culture . Through generations , knowledge about This tradition is passed on , and every implementation of Sea Herbal Medicine becomes something form maintenance to past culture and traditions . This tradition creates a sense of identity and continuity in community of Jaring Village Smooth , possible For feel connected with ancestors them and all at once create more relationship in with the future .

This view is consistent with view [2]which states Phenomenon ceremony almssea seen in intention those who do, because it's related with problem belief, aqidah, monotheism, faith, and how much often This ceremony is carried out, for example, a month once, because related with deep funds understanding *Idh'atul mala* or action *tabdzir*, i.e waste treasures that are not liked in religion. Apart from that, history This sea herbal medicine ceremony is for Kwala Village Step up only looking sea herbal medicine ceremony as tradition family must preserved and lived in accordance with the process. For societies in the past, they operate this ceremony is appropriate with traditions passed down from grandmother ancestors they. Sea herbal medicine ceremony considered as inheritance culture must maintained and continued to generation next, so this ceremony will Keep going taking place as an integral part of tradition public local. Like Lots tradition ancient throughout the world, Jamu Laut and the people of Jaring Village Fine face to face with significant challenge. Change social, economic and environmental has influence How public execute and understand tradition they are [1], [5], [6], [7].

Modernization , urbanization , and change values social has change landscape culture , and these traditions become the more marginalized in life daily society [6] . Scientific study about Sea Herbal Medicine tradition in Jaring Village Fine become the more important For understand complexity this tradition , as well challenges and opportunities it faces [2], [3], [4] . The aim of this study For give reflection critical about continuity this tradition , as well impact to spiritual and cultural awareness society in the middle changing times. In approach this multidisciplinary , we will explore various aspect Sea Herbal tradition , start from aspect symbolic until The changes experienced by this tradition in the modern era continue changed . With Thus , this research provides more views deep about meaning transcendental and sustainability Sea Herbal Medicine tradition in Jaring Village Smooth , as well contribute to our understanding of complex relationship between humans , nature , and the inner spiritual dimension context culture local . This is important view in sink in essence diversity valuable and understanding culture How traditions such as Sea Herbal medicine plays a role in honor and celebrate connection man with nature and the spiritual world.

2 Research Methods

Research methods used in This research includes approach communication transcendental , which is special focused on understanding and analyzing the communication process between community of Jaring Village Smooth and dimensional related transcendentals with Sea Herbal tradition . This approach reflects base theoretical combining research anthropology culture , religious knowledge , and theory communications [8], [9] .Approach communication This transcendental involves studies deep case about implementation Sea Herbal Medicine tradition in Jaring Village Fine . researcher analyze How public operate Sea Herbal Medicine ceremonies , including rituals, symbolism , and communication processes that occur during implementation . In addition , researchers notice how these communication processes are connected with deep beliefs , aqidah and monotheism , as well its influence to spiritual awareness and values culture public as well as development in the contemporary era .

This research method includes various technique data collection , incl observation participative , interview in depth , and analysis content to ritual texts and literature related with Sea Herbal Medicine [10] . Observation participative help researcher For deepen the implementation process Sea Herbal Ceremony , temporary interview deep used For get more understanding deep from practitioners and figures the community involved in this tradition . Data analysis using approach qualitative with focus on understanding deep about the communication process transcendental occurs during implementation of Sea Herbal Medicine [11], [12] . We will analyze the narratives , symbolism , and meaning that emerge in context communication this transcendental . This research method provides deep view about connection between community of Jaring Village Fine with dimensions transcendental through the Sea Herbal tradition , as well his contribution to understanding culture and spirituality they.

3 Results and Discussion

A. Context Historical and Social

Net Village Fine located in the Regency Langkat , North Sumatra, is entity social and cultural have reflecting history development public coast in context geographical . The history of this village is related with eye livelihood main its inhabitants , that is as fisherman . The name " Net Subtle " possibility refers to tools fish catcher used in activity fishing in this region.

History and development of Jaring Village Fine intertwined tightly with life fishermen dominate this region . Connection near with sea , as well exploitation source Power sea , such as fish and produce sea others , have form base eye livelihood and sustainability economy people in this village . Apart from that , culture coast and tradition life unique sea reflected in activity daily society , incl in form tradition like rooted Sea Herbs in trust and relationships with nature.



Figure 1. Map of Jaring Village Fine Subdistrict Secanggang Regency Step up Source: Googlemaps / desajaringhalus

Along with changing times, Jaring Village Fine experience change social, economic, and cultural influences method life its people. The process of modernization, urbanization, and shift values social change dynamics culture traditional in this village. Although face this change, the people of Jaring Village Fine has endeavor maintain and pass on inheritance culture them, incl practices such as Jamu Laut which is an integral part of identity culture they. Apart from looking after inheritance culture them, Jaring Village Smooth start too interesting attention as objective tours that offer experience deepen culture and traditions public coast of North Sumatra. This is opening opportunity new for public local For obtain eye

livelihood addition through sector tourism, while Keep going guard and celebrate inheritance culture they. History of Jaring Village Fine reflect riches culture, resilience public in face changing times, as well complexity connection they with nature and sea as element important in life daily they. The Sea Herbal Tradition plays role central in life community of Jaring Village Fine. This tradition is not only works as practice culture, but also have significant impact on various aspect life public. Sea Herbs work as liaison between humans and nature. Through practice this traditional, society understand How source Power nature, esp results sea, can give benefit nutrition and well-being for they. This tradition reflects knowledge deep about nature and depict harmony between humans and their environment.

Sea Herbal Medicine has strong spiritual dimension . Practices in this tradition contains elements deep religious and ritual . Jaring Village Community Fine view Jamu Laut as method For communicate with the spiritual world, expressing gratitude to the Creator , and beg protection and blessing . With Thus , this tradition plays role important in look after spiritual values and faith public .Sea Herbs play a role in guard identity culture public . This is inheritance down generations who have guarded with persevere and preserve from generation to generation . Through this practice , society identify self they as part from culture the rich coast of North Sumatra. This tradition strengthens feelings of solidarity and pride they as group that has tradition unique that must be preserved .

Tradition also contributes to sustainability culture public . With inherit knowledge and practice this traditional to generation young people , the people of Jaring Village Fine ensure that inheritance culture they will Keep going life . This is important in an era of change continuous social continues where culture traditional often marginalized . With Thus , the Sea Herbal Medicine tradition has very important role in guard continuity culture local and maintain deep connection between humans , nature , and spiritual dimensions . Factors social play role key in influence Sea Herbal Medicine tradition in Jaring Village Fine . Change social and economic in society has impact on implementation this tradition . Modernization and urbanization has influence eye livelihood public fishermen , who in turn influence the role and relevance of deep sea herbal medicine life daily . When society start switch to outside work fishermen , time and sources their power allocate For this tradition became limited .

Change values Social also plays a role role important . Jaring Village Community Fine has experience shift in values more modern social , especially among more generations young . Values traditional as possible has inspire the practice of Sea Herbal Medicine is increasing displaced by more views contemporary about life and spirituality . This can influence motivation and participation public in tradition the .

Demographic factors play role in change dynamics Sea Herbal tradition . With change demographics , like migration and change composition age population , there are shift in How This tradition is practiced and understood . More generations young Possible own Different view about these traditions are compared with generation previously.

B. Sea Herbs: Practice and Meaning

Sea Herbal Ceremony in Jaring Village Fine own meaning deep reflecting linkages tightly between public coast and sea as source eye livelihood them [13]. This ceremony is a symbol of deep gratitude on results catch considered sea as grace from the Creator [14]. This practice involves a series of designed rituals For respect, plead protection, and expressing gratitude love to a trusted spiritual entity guard and bless results catch sea them [15]. In this context, Sea Herbal Medicine becomes form concrete from connection powerful transcendental between man and nature, depicting How tradition culture local become means For express and celebrate deep connectedness with nature and the spiritual world.

Apart from being a symbol of gratitude, the Jamu Laut tradition also reflects close relationship between public coast with source Power nature, esp sea. Fishermen

in Jaring Village Fine depend on results catch sea as eye livelihood main they . With Thus , this ceremony reflects a very significant role played by the sea in life them , as well method public appreciate and celebrate this dependency through practice religious . Sea Herbs are also considered as action piety and obedience towards the Creator , who is acknowledged as source life and provider sustenance for fishermen . With Thus , this tradition reflects framework deep culture where spirituality , eyes livelihood , and values social related in effort guard balance between humans , nature , and dimensions transcendental .

More Far Again , the tradition of Sea Herbal Medicine is also a thing form celebrations and commemorations on journey long community of Jaring Village Fine in undergo life coast . This ceremony is inheritance passed down from generation to generation and preserved For continued to generation next . Through these traditions , knowledge and values a rich culture is transmitted , which strengthens the sense of identity and continuity public with the past they . Sea Herbal Ceremony becomes symbol pride and continuity culture , to be sure that this tradition will Keep going develop and maintain depth meaning in community of Jaring Village Fine .

Sea Herbal Ceremony in Jaring Village Fine own timetable very specific implementation , ie only done once in three year . This long time lag shows its height value and significance attached to the ceremony the in life community of Jaring Village Fine . During three year that , this ceremony becomes a moment to look forward to and prepare for with carefully considered by society . This sparse implementation schedule is also related with cycle nature and change season , which counts in election exact date For ceremony .

During implementation ceremony, fishermen in Jaring Village Fine No can go to sea . This indicates commitment they For fully celebrate and honor this tradition . Prohibition go to sea during ceremony describe dedication public to practice it and shows importance sacrifices made by fishermen in operate this tradition . This ceremony creates period relatively short where society coast focus completely on spiritual and religious aspects , devoted to the Creator and deepening values faith .



Figure 2: Ceremony Reading Prayer in Rite Sea Herbs in Jaring Village Fine

Source: JALA Document (Network Advocacy Fisherman)

The Sea Herbal Ceremony was carried out with let go offerings to sea as action respect to a trusted spiritual entity influence results catch sea . This offering contains various food typical from Jaring Village Smooth and presented with long time , start from 6 pm to 6 am . Duration this length shows level the seriousness and importance attached to the ceremony the . Food special given as offerings also illustrate deep relationship between food , life , and nature in culture public coast . In all implementation the ceremony , the food and the time spent marking sacrifice and dedication given by society For celebrate related traditions with eye their livelihood and spiritual values . In context implementation Sea Herbal Ceremony , there are series taboos that have been determined by the handler, leader ceremony that has role important in guide this

procession. These taboos are a must submissive and respected by all individuals who were present and witnessed ceremony the . These taboos reflect elements strong religious and spiritual underpinnings this tradition , as well strong belief that compliance to they is key For guard well-being and avoidance disease and disaster .

One of mandatory taboo obeyed during The Sea Herbal Ceremony is prohibition not to There is acceptable food fall during implementation ceremony. This shows its height level purity and obedience are mandatory guarded during ceremony the . This taboo underlines importance guard cleanliness and tidiness in implementation ceremony, along with respect to a revered spiritual entity.

Apart from that , taboo other is prohibition use clothes colored yellow during ceremony . Residents believe it that violate this prohibition can bring consequence form disease and disaster . Attachment color yellow with aspect this negative confirms linkages depth between compliance to these taboos with success and blessings in life daily. These taboos are not only curb behavior public during ceremony , but also becoming reflection from level obedience and respect to their spiritual and religious values follow . This also reflects How tradition like Sea Herbal Ceremony contains more aspects in than simply action ceremony That yourself , but also teaches importance obedience and devotion to spiritual entities and faith in life daily. In the beginning In its implementation , the Sea Herbal Ceremony has goals that focus on delivering offering to waiter sea , which is often called with the term " jimbalang " or " mambang sea ." This tradition reflects connection in trust local between humans and perceived spiritual entities supervise life and results catch sea . Maintenance this ceremony has objective main For plead protection and blessing from waiter sea , as well honor a presumed spiritual entity own control on source Power sea .

However, along with development Islamic influence in the region Langkat, the Sea Herbal Ceremony has been held experience transformation meaning. Now, this ceremony becomes symbol interaction between humans and creatures sea with objective main For express gratitude to Allah, the Almighty God. Apart from giving offerings to sea, this ceremony also includes implementation remembrance and prayer together led by elders and sea charmers local. In the context of the Islamic religion, this ceremony becomes expression of gratitude public to blessing results the sea they are get. They hope that this ceremony can be guard area sea they still safe and carry enhancement economy for inhabitant coast.

Ceremony also has characteristic dimensions preventive. Apart from being a form of gratitude and respect to spiritual entity, this ceremony is also directed For prevent happen incident bad when the fishermen carry out activity daily they are at sea . Local community believes that with operate this ceremony with full devotion and submission, them can guard self they from various threat or possible disaster happen during sail fishing. The Sea Herbal Ceremony reflects values religion, belief traditional, and caring will safety and welfare public coast.

C. Transcendence And Communication Transcendental

Connection community of Jaring Village Fine with dimensions the transcendental, or spiritual world, holds very important role in life daily they. The Sea Herbal Tradition is one of them form this relationship, which reflects linkages tightly between human and spiritual aspects within life coast. This tradition provides receptacle For public express gratitude and respect to a trusted spiritual entity control results catch sea they. This relationship reflects faith deep they to more power big set up nature and life they. Apart from that, there is also a Sea Herbal Ceremony form practice deep religion. This tradition involves series remembrance and prayer together led by elders and sea charmers local. This is moment where society gather For worship together and plead blessing and protection from God. In the context of the Islamic religion, this ceremony is a medium for express gratitude to Allah, the Almighty God, above blessing results the sea they are get [16]. Connection with dimensions transcendental in this context reflects linkages between religion and culture local in life daily society [17].

Ceremony also works as action piety and devotion to the Creator . People believe that with operate this tradition with full obedience and respect , them can guard area sea they still safe and get enhancement economics [18], [19] . In action sacrifice and dedication during this ceremony , society show submission they to revered spiritual entities and beliefs they in protective power they . This relationship reflects How values faith and submission deep influence behavior and actions public in guard well-being they. Connection public with dimensions transcendental involve understanding deep about nature and environment around they. This coastal community has close relationship with sea and sources Power sea. [2] They understand that well-being they are very dependent on results catch sea and protection from spiritual entity . In this context , the Sea Herbal tradition reflects method public appreciate and celebrate this relationship through practice religion and sacrifice . This relationship creates a sense of awareness and inclusion to surrounding nature they , illustrate How tradition culture can become form respect to nature and dimensions transcendental that they are believe it own impact straight to life they .

Communication Transcendental play very important role in life society , incl community of Jaring Village Fine . Communication role transcendental covers a number involving aspects interaction with dimensions transcendental or spiritual world.

- communication transcendental is means For express gratitude and respect to spiritual entity [7]. Practice like The Sea Herbal Ceremony is example concrete from How public use communication transcendental as method For express gratitude to the Creator or spiritual entities that they are believe it influence life them, incl results catch sea. Through remembrance, prayer, and offerings, community convey message of gratitude love and respect to the spiritual world.
- communication transcendental role in look after values religious and moral
 in society [19]. Practice communication transcendental like remembrance
 and prayer is means For strengthen faith and morals of society. This helps
 build awareness about values ethics and morals are mandatory upheld tall in
 life daily. Society thinks communication transcendental as method For tie
 yourself to values goodness and piety.
- 3. communication transcendental also works as a medium for plead protection and blessing [15]. People believe that through communication transcendental, them can request protection from various threats and disasters, esp in context vulnerable fishermen to change weather and events the sea is not expected. Communication transcendental become means For express need will protection and support from the spiritual world.
- 4. communication transcendental creates a sense of connectedness with dimensions transcendental [13]. This is method for public For feel deep relationship between humans and spiritual entities or God. This creates a deep and giving sense of connectedness support emotional in face challenges and changes in life daily. Communication transcendental help reinforcing a deep sense of connectedness between humans, nature, and dimensions transcendental.

Communication transcendental is element important in life community of Jaring Village Smooth , helpful they express gratitude , care values religious and moral, pleading protection , and strengthening connectedness with dimensions transcendental . These practices illustrate How communication transcendental is form involvement man with the influencing spiritual world aspects important in life daily they .

The Sea Herbal tradition plays a role in give moral and ethical guidelines to public . Spiritual values are instilled in ceremony such , like gratitude , humility hearts , and appreciation to nature , influence behavior daily public . They looking marine with respect and without beyond the inner limits taking source Power sea , because confidence that behavior like That will inviting wrath a protective spiritual entity sea .

This creates a strong moral sense that guides action they in guard environment and respect source Power sea . Emergent spiritual awareness from The Sea Herbal Tradition plays role important in build identity culture public . These spiritual practices become an integral part of inheritance culture , and with preserve it , society feel connected with ancestors them and history long they are in coastal areas . This also fosters a sense of solidarity and unity among society , because they celebrate spiritual awareness together in ceremonies that are collective honor nature and creatures sea . With Thus , the Sea Herbal Tradition has an impact positive on spiritual, moral and identity awareness culture community of Jaring Village Fine.

D. Reflection Critical of Sustainability Tradition

The Sea Herbal Tradition in Jaring Village faces significant challenges that could undermine its sustainability amid rapid social and economic changes. One key challenge is the influence of modernization and urbanization on community livelihoods. As the economy develops and lifestyles evolve, a considerable number of fishermen are transitioning to non-fishing jobs. This shift results in a reduced allocation of time and resources toward the Sea Herbal tradition, posing a threat to the transmission of knowledge and practices to younger generations.

Table.1 Matrix Challenges faced Sea Herbal Tradition in Jaring Village Fine

CHALLENGE	IMPACT ON THE SEA HERBAL TRADITION
MODERNIZATION AND URBANIZATION	Potency reduced participation public in tradition, lack of source allocated power, and risk termination tradition.
CHANGE IN SOCIAL VALUES	happen shift in view public to tradition, with more generations young own Different view.
DEMOGRAPHIC FACTORS	Change in composition age resident can influence method These traditions are understood and passed down.
THE IMPACT OF GLOBALIZATION AND ACCESS TO INFORMATION	Influence from outside, change preferences, and changes style life society can influence existing traditions and values.

Another challenge is the shift in social values. In Jaring Village, traditional values that once inspired the practice of Sea Herbal Medicine are increasingly supplanted by more contemporary outlooks, especially among younger generations. This shift can impact public motivation and participation in preserving the tradition, as contemporary views may seem more appealing to the youth. Demographic factors also play a role in shaping the future of the Sea Herbal tradition. Changes in the community's age composition and migration patterns can alter how the tradition is practiced and understood. Younger generations often hold different views from their predecessors, potentially affecting the continuity and development of the tradition. Globalization and easy access to information further complicate the tradition's sustainability. The Jaring Village community is now exposed to a wide array of cultures and traditions from around the world, thanks to global media and connectivity. This exposure can open the door to external influences that reshape how they view and

practice their traditions. Globalization may also trigger changes in lifestyle preferences that contradict traditional practices such as the Sea Herbal tradition. These challenges contribute to uncertainty regarding the future of the Sea Herbal tradition in Jaring Village, necessitating innovative strategies to ensure its sustainability.

4 Conclusion

The Sea Herbal Tradition in Jaring Village, North Sumatra, reflects a balance between local culture and deep spiritual aspects in the life of coastal communities. This ceremony serves not only as an expression of gratitude for the sea's bounty but also as an act of reverence and devotion to spiritual entities believed to influence the abundance of marine resources and the livelihoods of fishermen. Research indicates that the Sea Herbal tradition plays a crucial role in maintaining local cultural identity, preserving cultural continuity, and sustaining cultural heritage amid contemporary modernization. This tradition is not only a means to honor sea creatures and spiritual entities, but also a preventive step to protect fishermen from possible threats and disasters during their maritime activities. Apart from its religious dimension, this tradition also contributes to the preservation of rich knowledge and the transmission of high social-cultural values across generations. Thus, the Sea Herbal Tradition plays a significant role in balancing modernization and urbanization with the social and cultural values of coastal communities. Although this tradition faces pressure from social, economic, and environmental changes, the research provides an in-depth view of the complex relationship between humans, nature, and the spiritual dimension within the local cultural context. Transcendental communication practices in traditional ceremonies reflect profound reverence, devotion, and respect toward the Creator and nature, playing a key role in maintaining the religious and moral values of the community. Overall, this research helps to understand the profound significance of the Sea Herbal tradition in terms of cultural diversity and how this tradition plays a crucial role in honoring and celebrating the connection between humans, nature, and the inner spiritual world of local culture. Efforts to conserve this cultural heritage enable the community to feel connected to their ancestors and foster stronger links between their past and future.

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