



Discussing the Influencing Factors of Childhood Father-daughter Relationship on Women's Preference for Choosing a Spouse

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Abstract. With the changes in the era of economic development, in the current social context, women's criteria for choosing a spouse are more diversified and personalized. For girls, the father is the first man she has ever come into contact with in her life, and she is also the most common of the opposite sex. Especially when their children were young and they were unable to have a gender understanding, their father's words and deeds became their preconceived impression of men. A father's words and deeds will be involuntarily brought into the process of knowing men by his daughter. This study on the preference of father-daughter relationship for women's spouse selection is mainly carried out in a statistical way. By combing the previous literature, this article clarifies the relationship between the psychological awareness of the father-daughter relationship in childhood and the attachment relationship that leads to women's choice, discusses the factors that affect the childhood father-daughter relationship on women's choice preference, analyzes sexual strategies, so as to highlight the importance of healthy childhood father-daughter relationship, and propose strategies to solve problems. This study may help to explore father-daughter interaction and its role in daughter's mental health, and enrich the theoretical logic of the family system, and remind father to adjust and improve the father-daughter relationship in time.

Keywords: Father-daughter relationship, spouse preference, sexual strategy, personality.

1 Introduction

In recent years, marriage rate has shown a downward trend in Chinese mainland. According to the official statistical report released by the National Bureau of Statistics, China's marriage rate has climbed from 8.27% in 2008 to 9.9% in 2013, and then fell to

7.3% in 2018, while the divorce rate has continued to rise after five consecutive declines. [8]

Mate choice is a topic that must be encountered in the process of each individual's growth. The preference for choosing a spouse will change in stages according to a person's experience, growth process, number of times of love, heterosexual contact satisfaction, etc. Female mate selection is related to the balanced development of the population and social harmony. The role of "father" is the first person of the opposite sex that most women come into contact with in their lives. The "father-daughter relationship" will also make people's growth process, heterosexual contact satisfaction and other fundamental subvert. Therefore, we believe that women's preference for choosing a spouse may be greatly affected by the way they get along with their father in childhood. It will be our central research issue.

Our research belongs to the broad scope of parent-child interaction research. At present, a series of literature focuses on the analysis of spouse selection preferences [4]. Whether it is the analysis of the object of sexes from the background of the economic era [5], or the analysis of the impact on the preference of spouse selection according to the perspective of biological hormone analysis [6], cross-cultural comparison, etc., it basically belongs to the study of the mate selection criteria of adult objects, and The study of parents-related children's preference for choosing a spouse is basically biased to study the difference between parents and children's preference for choosing a spouse and the impact of intervention.

This article analyze and discuss the impact of unhealthy father-daughter relationship on women's preference for choosing a spouse, hoping to put forward corresponding countermeasures from multiple levels to help parents change the way of family education, improve the father's participation in the father-daughter relationship, and ensure the physical and mental development of children, so as to promote women's Healthy love outlook and spouse selection preferences.

This article examines and analyzes the gender tendency of different women's preferences for choosing a spouses in different modes of father and daughter in childhood, and analyzes the impact of the relationship between father and daughter in childhood on women's criteria for choosing a spouse in combination with data, which is helpful for some women to interpret their self-state from an academic perspective, and at the same time, it is conducive to psychologists to target the introduction. Guide women's concept of choosing a spouse and love, and then promote women's future family life and the stable development of society.

2 Literature Review

Zia et al. (2015) In the sample of adolescent girls, the quality of father-daughter relationship significantly affects the daughter's self-esteem and academic performance. It is essential to study the father-daughter binary group, because in many stages of the daughter's life, the father usually has a greater influence than the mother. For example, the father's ability to trust, appreciate and establish a good relationship with the man in her life has a significant impact on the daughter. (Casiano, 2010 Year; Erickson, 1998).

Ji Guangwen (2005) mentioned that the speed of a girl's entry into puberty has a very important relationship with the intimacy of the girl's relationship with her father at a young age. The father's attention and emotional commitment to his daughter in family life will not only affect the child's physiological development, but also affect the child's psychological development. [7] Wang Jing and Liu Aishu (2015) pointed out that for the factors affecting the adolescent process of girls, in addition to the girl's own reasons, there is also the joint role of family upbringing and environment, and the father, as the core factor in the family, should be highly valued by the society. [1].

2.1 Research on the Relationship Between Father and Daughter in Childhood

In terms of the study of the relationship between father and daughter in childhood, the literature mainly focuses on the indirect impact of father's absence on women's preference for choosing a spouse through different angles. Research shows that the absence of a father has a negative impact on women's development, such as suicidal thoughts, lack of gender role awareness, and poor interpersonal skills. In addition, through tracking children, researchers also found that the absence of a father has become an important risk factor for children's depression, and the impact on girls is more serious [1], which may lead to a variety of negative results for women, such as excessive shyness, self-abandonment, and emotional indifference. All of them will have a direct impact on the preference for choosing a spouse.

2.1.1 Father's Absence

In recent years, Internet buzzwords such as "widowed parenting" and "invisible father" have appeared frequently, and the phenomenon of "father absence" in contemporary society has become a phenomenon of globalization.

Father's absence refers to the lack of father's care and father's love for children due to separation, divorce, death and other reasons. A small number of families are forced to form this form of upbringing because of their parents' divorce or the death of their father.

At present, there are few studies on the absence of fathers. A number of survey results show that the father's participation in upbringing can help improve children's academic performance and promote the improvement of cognitive ability, social behavior, gender identity, self-esteem and happiness. On the contrary, the father's absence will lead to a blow to the child's gender cognitive ability, interpersonal social behavior, gender identity, self-esteem and happiness. Some abilities and feelings grow with them, which affects interpersonal relationships, intimacy, spouse selection, etc.

2.2 Research on Women's Preference for Choosing a Spouse

In recent years, the preference for choosing a spouse has attracted more and more attention from scholars. CNKI's index analysis of the attention to the choice of spouses, especially the preference of women. When women perceive different gender-specific environments, their preference for choosing a spouse will also be different.

Regarding women's preference for choosing a spouse, the main conclusion of Townsend et al. is that status is the main determinant of male acceptability in all types of relationships, and clues that convey high status can make up for low attractiveness, emphasizing the importance of physical clues as a good genetic indicator in short-term decisions. Research shows that most women who grow up in unhealthy childhood father-daughter relationships choose a spouse in a short-term multi-selective strategy.

3 Analysis of Factors Affecting the Unhealthy Relationship Pattern of Childhood Father and Daughter on Women's Preference for Choosing a Spouse

The father-daughter relationship is the first relationship established with men in a woman's life. In the process of growing up, women will gradually form a relationship model with men, and bring this relationship model into the future relationship with other men. As far as we know, our study is the first to analyze the relationship between unhealthy childhood father-daughter relationship and women's preference for choosing a spouse, and the factors that affect women's preference for choosing a spouse.

3.1 The Absence of a Father Has an Impact on Women's Personality

Understanding the father's absence on women's personality development from the perspective of psychoanalysis is the first time to explore the function of the father from the psychological mechanism. Lacan believes that without the intervention of the father, women cannot establish the concept of "father's law" and enter the symbolic world of speech as the main body [2].

The research results of fathers' participation in children's education show that fathers play a decisive role in the stage of children's attachment, and children are more likely to be more violent in cognition, thinking, etc. [3].

Ballby (1969) then developed Freud's ideas in his attachment theory, and contemporary attachment researchers seem to have adopted similar views. They believe that intimacy is guided by internal work patterns, which were originally formed by babies in their interactions with caregivers. In adulthood, these patterns may be maintained to some extent by choosing a romantic partner with similar characteristics to the caregiver: "By choosing a specific partner, an individual may find himself in a position to confirm his or her relationship expectations" (Feeney, 2008, p. 466).

Therefore, the establishment of attachment relationship occurs in infancy, which is developed by the interaction between parents (caregivers) and the baby. The childhood father-daughter relationship will also affect women's personality due to the father's personality defects, thus indirectly affecting the preference for choosing a spouse.

Psychologist Bowlby first proposed the concept of attachment, which defined attachment as a close and lasting emotional connection between the baby and the main dependant (generally refers to the mother). (Bowlby, 1969) [4]. The attachment relationship begins between the baby and the parents. The attachment between parents and

children provides emotional support and safety foundation for infants and young children, and is the earliest interpersonal relationship developed by individuals.

Relevant analysis shows that the presence of the father has a significant positive correlation with self-ad acceptance; the presence of the father has a significant positive correlation with the sense of security; the presence of the father has a significant negative correlation with social avoidance behavior; self-ad acceptance has a significant positive correlation with the sense of security; self-ad acceptance has a significant negative correlation with social avoidance behavior; the sense of security and socialization The avoidance behavior is significantly negatively correlated.

Childhood girls have a bad relationship with their father for a long time, that is, fathers usually get along with their children with bad personality behaviors such as punishment, severity, rejection, denial and over-protection, which will affect their personality and interpersonal communication patterns, making it difficult for them to establish intimate relationships with others and refuse to share their feelings in their feelings in their relationships. In the end, it is difficult. In order to establish a good interpersonal relationship and marital state, that is, it may also lead to the avoidance and contradictory relationship in the relationship, and the formation of an unsafe.

In the play "The Life of Disliked Matsuko", the heroine Matsuko was ignored by her father in her childhood. Although Matsuko grew up, she was kind, smart and hard-working, but she could not find the confidence and courage to grow up. Because of her insecurity, she could only gain a sense of existence by pleasing others.

Research shows that women who suffer from unhealthy childhood father-daughter relationships tend to please and satisfy the men around them, and don't care about each other's personality attributes. In the eyes of such people, as long as their spouse loves her and accompanies her. This effect is called "mirror reflection". In autopsychology, this concept means that the nurturer needs to respond appropriately to the child's value, achievements and achievements like a mirror. Under the child's years of "mirror reflection", the child can gradually complete the transformation from "external affirmation" to "self-affirmation", so that the son shows his healthy narcissism in a way of self-confidence and high self-esteem.

It can be seen that this stage cannot be achieved in childhood with women who have not received healthy fatherly love, so it is impossible to complete the key step of changing from "external affirmation" to "self-affirmation", thus affecting woman's "narcission level", which is also related to the degree of self-love.

3.2 The Absence of a Father Has an Impact on the Menal Period of Women's Spouse Selection, Thus Affecting the Preference for Choosing a Spouse

Freud believes that the little girl needs to make double changes before reaching the "normal" Oedipus complex: changes in her main sexual organs and changes in her sexual object, so she speculates that her father's absence will have an impact on the menarch time of women's spouse selection and thus affect her preference for choosing a spouse.

A joint study by psychologists from the United States and New Zealand points out that the early and evening of girls' puberty is directly related to the degree of fa-

ther-daughter relationship. The results of the study are that social factors such as family relationships will also affect the physiological development of girls. Girls who have an average or do not have a good relationship with their father will develop adolescence earlier than those who have a good relationship with their fathers. Further refinement of the study suggests that girls in families with absent fathers came earlier than girls in fathers.

4 Data

In a study of children's behavior, the researchers found that whether the father actively participates in the child's growth has little impact on the behavior of boys; but the impact on girls is very obvious.

Note: The vertical coordinates are teachers' statements on children's internal problems (such as sadness, social retreat, anxiety, etc.). The left and right horizontal coordinates are two cases: the father's absence from the child's growth and the father's participation in the child's growth. White represents boys and black represents girls.

The picture above shows that compared with single-parent families without a father, girls who grow up with their fathers have a perfect personality and are not easy to have bad emotions such as sadness, anxiety, anger, etc.

From a scientific point of view, this survey may not be perfect, but it shows that for a girl, the impact of her father in her early years will accompany her life.

First, father will affect our self-efficacy in the relationship between the sexes, that is, "What do men think of me?" For a little girl, whether her father loves her, likes her, appreciates her, and values her will directly affect her judgment on herself: Am I cute in the eyes of the opposite sex? Am I worthy of being loved? How to get the love of the opposite sex? These feelings will become a very important part of girls' self-identification.

Second, the father gave us the initial impression of men, that is, "What do men look like?"

In most cases, the father is the first man that a girl comes into contact with in a girl's life. A woman's understanding of men often begins with her father. The father's behavior pattern and the way she gets along with her mother in daily life provides an example for girls. We often learn about other male behavior patterns in the world through the father.

Third, the way we get along with the opposite sex is deeply affected by the father-daughter relationship.

The early father-daughter relationship is often a model for girls to deal with heterosexual relationships later. From the mode of getting along with the father to the mode of getting along with the parents, we have obtained the original concepts of family, marriage and gender relations.

5 Conclusion

The researchers found that the early life experience and growth environment are closely related to the future mate selection strategy and fertility strategy. Freud, a spiritual divide theologian, put forward the theory of "parental idols". In "Analysis of Dreams", he completely described the situation of Oedipus for the first time, believing that "a girl's first love is her father", and girls will choose men similar to their fathers as their spouses. Although the empirical research on this theory is not enough, it also shows that women's experience and growth environment have a certain impact on them when choosing a spouse.

With the changes of the times, the criteria for choosing a spouse for Chinese women have developed from traditional economic conditions and traditional virtues to more diversified and focused on personality quality. In order to build a healthy and happy family, they pay more attention to the future development potential and self-worth of their partners, pay more attention to the equality and respect of marriage, and hope to run a happy family with their partners. In order to make children grow up healthy and happy and have a happy childhood, fathers should accompany their children more and give them care and support in the growth stage.

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