The Relationship of Family Problems on The Development of Social and Emotional Attitudes of Primary Students

Rindi Mayrinda[1*], Nurhasanah[2], Siti Maesaroh[3], Teofilus Ardian Hopeman[4], Fitria Nurulaeni[5]

[1,2,3,4,5] Elementary Teacher Education, Nusa Putra University, Sukabumi, Indonesia
{rindi.mayrinda_pgsd20, nur.hasanah_sd20, siti.maesaroh_pgsd20, teofilus.ardian, fitria.nurulaeni}@nusaputra.ac.id

Abstract. For a child, the family is the first non-formal educational institution so that they can live, develop, and gain experience. Every family has its own experience in living its life. Trigger factors in social relations usually occur due to a lack of interaction between family members. Problems in the family are interpersonal behavior expressed by behavior that occurs in the family. Developing social and emotional attitudes is a child's sensitivity to understanding other people's feelings in interactions in everyday life. So children strived for the provision of a sensitive attitude towards the environment. This study aims to examine the impact of problems in the family on the development of social and emotional perspectives of elementary school students. The method used in this research is the literature review. Sources of data in this study come from international and national books and journals. The research results found, among other things, that the family has a significant role in fostering and developing children's potential. However, when the family does not function properly, especially in families with economic problems and social relations in the family are not good, this will impact the children. There are several problems that children experience, such as losing self-confidence, being quiet, stubborn, withdrawing, and even opposing their parents. Thus, it can be said that family problems impact the development of students' social and emotional attitudes.

Keywords: Family, Family Problem, Social Development, Emotional Development

1. Introduction

Family is broadly defined as a unit consisting of two or more people united by marriage, blood, adoption, or consensual union, generally consulting with one household, interacting and communicating with each other [1]. Each family member has their own role and duties which must be carried out properly in accordance with the principles and values contained in society so that in the end it creates a distinctive characteristic, namely recognition of diversity in social life. Family is also the first environment in a person's life, from the family a person gets to know the environment of life. Fathers and mothers play an important role in the formation of good character in society. Problems in the family are the main factor that can have a negative impact on children. Problems in the family have a big impact on the relationship between parents and children. This will have an influence on things that will happen now and the child's psychological and behavioral adjustments in the long term [2]. This is seen because there are many cases of children who are victims of parental violence or social abuse.

Economic problems and social interactions can be factors that trigger parents to act recklessly and cruelly towards children due to the burden they carry so that children can become targets. As in the case in the city of Sukabumi, West Java in the Lemburs area, there was a case of a boy with the initials R who was allegedly abused by his own biological mother. As a result, the child experienced quite serious treatment on the head. Said a neighbor to Tribunjabar.id who felt sorry for him and advised him not to live with his mother, The trigger for this abuse was because of the mother's resentment towards her child [3]. Then, in the Aceh region, students became victims of broken homes, as a result of which the student always missed school, because his parents did not get along, In the end, he was no longer enthusiastic about going to school, instead choosing to skip school, said the student. The elementary school student was absent because he was caught by the Wilaytul Hisbah Pidie Jaya Civil Service Satpol and caught with two other high school teenagers. This is unfortunate because, in the case of a broken home, these elementary school students take it out on the wrong relationships outside [4].

In any case, acts of violence are not justified, especially against children. This will have an impact on the psychology and development of children's social and emotional attitudes. For children, family is an irreplaceable main role or anchor. When children feel uncomfortable with their playmates, they tend to want their family to provide peace and be a place to anchor [5]. Also emphasizes how in families with open communication between members, children develop who have the desired social skills and problem-solving abilities. Instead of blaming according to the perception of adults (parents), it is in the family that children know the meaning of life, love, and the meaning of unity. In families, children are raised and educated in a safe atmosphere that can help children's development. Children growing up in an incomplete family may find themselves more involved and vulnerable to external stress due to a lack of supervision, or they may turn to the outside world in search of the peace that is lacking in their home [6].

In reality, in families, there are often disputes and commotion between family members. It is very natural for there to be differences of opinion between families, because each family member has different thoughts. Conflict that occurs in a relationship is a problem that cannot be denied, the more dependency there is, the more conflict occurs. The factor of disharmony in the family is one of the causes of divorce. [7] stated that as time goes by, families experience changes. These changes have had a huge impact on families and have certainly affected their relationships. Today's families face challenges that were not experienced by previous generations, for example, the emergence of problems within the family, facing the impact of a longer life span which often creates additional responsibilities in caring for elderly parents in addition to meeting the needs of their children [8].

Every family has its own experience in living its life. Be it experience in social, cultural, economic, or religious relations. Trigger factors in social relations usually occur due to a lack of interaction between family members. The interactions that are formed will foster various attitudes that are not in accordance with what is expected by other family members. This discrepancy will later become a gap and cause problems in the family. The experience of social interactions within the family also determines ways of behaving towards other people in social interactions outside the family, and in society in general. Meanwhile, economic factors are one of the

influences on whether or not relationships within the family are intact.

In reality, currently many heads of families do not work, so many housewives work to help meet the needs of the family. This explains that economic factors are a very important obstacle in the continuity of a family because it is related to meeting the daily needs of family members. Thus, the two factors above can have a negative effect on family relationships, resulting in the end of a marital relationship. The development of social and emotional attitudes is a child's sensitivity to understanding the feelings of other people in interactions in everyday life. So that children strived for provision of a sensitive attitude towards the environment. How to interact when children are given the understanding that everyone is different and also has similarities. Therefore, similarities are treated as a gift, as well as differences are treated as a blessing from the Creator's diversity.

So the maturity of social and emotional attitudes will greatly influence the way a child interacts in dealing with the problems being faced. Social scientists discovered several problems regarding the behavior of students whose families had problems. If collected, this research can prove that problems in the family can put children on a trajectory that leads to serious problems they experience. The development of children's social attitudes can be seen from their social development, because social development is in the nature of humans as social creatures. In order to have good social attitudes, children will be able to establish good relationships with other people in their lives, including peers, parents, siblings, and even other people around them. Social attitudes need to be developed because they can create a peaceful, harmonious, comfortable and peaceful living atmosphere. A good social attitude is able to lead a person to good things, one of which is being able to overcome every problem. Apart from that, this social attitude is what is needed for every individual, because social attitudes need to be helped throughout a person's development, especially children.

Remembering that humans are born with certain attitudes that must be formed from interaction, where this interaction is part of the learning process to form good social attitudes for a child. Based on the problems discussed previously, the aim of this research is to determine the impact of problems in the family on the development of social and emotional attitudes of elementary school students caused by economic problems and social relations in the family, one of which is parental divorce, resulting in less disciplined behavior in participating in the learning process, such as students not doing the assignments given by the teacher, students who tend to be quiet and don't like hangingout with their peers, and there is one student who still can't read.

2. Methodology Research

The method used in this research is the literature review study method. Sources of data in this study come from international and national books and journals [9] explains that a literature review is a written summary of articles from journals, books, and other documents that describe theories and information both past and present, organizing the literature into topics and documents needed for a research proposal. The method used to analyze the problems in this research is by reviewing various literature, so that it can strengthen the analysis carried out. Apart from that, the descriptive analysis process was also carried out by linking experts' thoughts about

the development of students' social and emotional attitudes. Through a literature study analysis approach, a common thread will be found that links the impact of family problems on the development of students' social and emotional attitudes. In this regard, the library study method is also a method that is carried out by elaborating on various literature in the form of journals, books, and other literature that is relevant to writing.

3. Result and Discussion

3.1 Result

The family is the smallest, main, and first social unit for a child. The family is a basic and important unit in society because of its role in producing human resources and the power it has to influence the behavior of individuals, households, and society. [10]. Before they become acquainted with the world around them, a child will first become acquainted with the family situation. Social experiences within the family will have a huge influence on the child's future development. Family is the first and foremost education for children. Family is the most important educational institution for children. It is important that the family is the basis for development in the development of a child's personality and character.

Children are the next generation of family life in the future, so children are often seen as a reflection of the family. According to [11], A family is a group of people bound through marriage, adoption, and birth whose aim is to create and maintain a shared culture and improve the mental, emotional, and social-physical development of the individuals within it which is characterized by reciprocal interaction and interdependence on each other to achieve common goals. The family is the first line of descent, especially for children, and is the main factor in children's survival, health, education, development, and protection [12]. It is also a major source of nurturing, emotional bonding, and socialization, and the link between continuity and change. The family is the first and main educational environment. Family is the most important part of human life consisting of father, mother, and children. Meanwhile, children are individuals who are developing wherever they are. really need special attention from their parents, in the family children first receive education and guidance from their parents [13].

Thus, the family is a small group whose effectiveness plays a very important role in the development of a child's character, so that the family can be a place of refuge and a place of excellent service for all family members.

3.2 Problems in The Family

Problems in the family are interpersonal behavior expressed by behavior that occurs in the family. Family systems theorists believe that as families grow, stress is inevitable and when stress occurs family members may seek relationships with third parties to relieve existing conflicts between the primary couple. This refers to a phenomenon in the assessment of family systems [14]. Family as a place to provide

care, love, and self-development for its members often causes many problems. This problem is related to interactions between family members, causing conflict [15]. The quest for power and security is often the driving force behind problematic behavior in individuals. After an evaluation, it was discovered that the problems within this particular family stemmed from a lack of clear and effective communication between its members.

In order to address and reduce these problems, strategic family therapy is an option worth considering. This intervention directly addresses problems within the family, focuses on current communication patterns within the family, and the resolution goals are derived from the problem or symptoms encountered. In general, conflict within the family can occur due to certain problems or factors. These problems can be said to be the cause or source of family conflict. The factors that cause family conflict include personality immaturity, incompatible personality traits, mental disorders, child care, and interactions within the family. [16]. Problems that often arise in the family according to [17], dapat diklasifikasikan sebagai berikut:

1. Economy Problem

This problem is also a problem that often arises in families. When the economic situation is weak, it is very worrying for family life. Therefore, not all families are lucky to be able to earn sufficient income. The father is the head of the family and also the breadwinner to support the economic situation in the household. Therefore, his responsibility is to provide for the family. Subsistence is "all the needs and requirements that apply according to circumstances and place, such as food, clothing, housing and so on". Basically, financial difficulties in the family are one of the causes of problems for married couples and even have an impact on children and other family members. For example, reactive and emotional attitudes are sometimes demonstrated in relation to financial difficulties. The attitude shown means being held back by psychological pressure and unable to motivate himself.

2. Social Relationship Problems in the Family

Social relationships and family functions are shaped by family members through ongoing interactions. Family interaction is the response of family members to the actions or behavior of other family members. Family interactions are the overall feelings displayed by family members. Roles in the family can interact with each other. Therefore the role of family members is part of the social position they occupy with the family.

3. Religion Problem

Religious issues are problems that sometimes make it difficult to build a married life. Regarding this, marriages between couples of different religions tend to be prone to conflict when compared to marriages of the same religion which can lead to divorce. Along with that, couples who have different religions have a negative impact on children's development, this causes confusion for children, especially in determining which beliefs they will adhere to.

Families can experience various problems, such as family economic problems, social relationships, children's education, and so on. Conflicts in the family will still exist because humans will never be free from problems. Some of the factors below are the causes of family problems that often arise. [18]:

1. Lack of interpersonal interaction skills in overcoming problems. In their efforts to deal with periods of transition and crisis, many families have difficulty coping with problems due to a lack of knowledge, ability, and flexibility to change, this is because each of them experiences difficulties adapting, which hinders readjustment to new situations.
2. Lack of commitment to the family makes it very difficult to build family togetherness and deal with problems if one or more family members do not have the desire or time to be involved in solving family problems.
3. Unclear and rigid roles of family members. Each family determines the roles of each member and must be flexible, not rigid.
4. Lack of stability in facing the environment. Problems that occur in the family often come from outside the home, there is interference from the extended family and other people who can disrupt family stability.
5. Communication within the family is not smooth so problems that arise cannot be discussed and the best solution can be found.

A.   The Influence of Family Problems on Students'Social Attitudes

Social attitudes are understood as an individual'sinner awareness that influences the social environment. According to [19] the influence of the environment on students' social development where children learn newbehavior by observing other people. including parents, teachers, and peers, and in that way, they develop new skillsand acquire new information. Meanwhile, according to [20]Many behaviors are included in social development. Namely,   kindness, honesty,   shyness, generosity,friendliness, firmness. Factors that influence children'ssocial development can be obtained through relationships with family in the home environment. Family factors are greatly influenced by relationships with family and not only relationships with parents but also with siblings, and grandparents, which will influence children's attitudestowards parents outside the family. If a child is at odds with his siblings, grandmother, or grandfather, this will affect the child's attitude towards elderly outsiders, but only onefamily member or one aspect of family life influences the child's socialization. If the overall home environment fosters the development of good social attitudes, it is likely thatchildren will become social individuals, and vice versa [21].

We can conclude from the problem of social attitudesabove that in a family social Attitudes are greatly influenced by various aspects such as the environment both in society and at school. This will shape the child's attitudes indirectly, such as interaction patterns and behavior. Children will experience loneliness because they feel unpopular among their friends and will not get recognition from their peers. There is conflict and rejection of other friends because of a lack of self-confidence. So the most important thing is good guidance from parents for their children in making children who have good morals and character as a form of good social attitudes in the school environment and society.

B.   The Influence of Family Problems on Students'Emotional Attitudes

Emotional reflects a person's character in action, especially in facing problems. Usually, everyone expresses their emotional qualities in facing a problem. That is why it is important to study children's emotional development so that they get 'takes' according to their level of development. In interactions, it is often observed that children express spontaneous actions and language as a reflection of themselves, but this is not at all due to the child's character, let alone. That is precisely why this overflow of emotions must be guided, and accustomed to, especially as an example of good character for children, so that good habits remain in them. According to [22] A child's emotional development is greatly influenced by his relationship with his family, especially with his mother. Apart from that, several researchers also believe that emotional is part of social intelligence because these two concepts are very related so emotion is the inner side of personal intelligence while social represents the external aspect. [23].

Based on the description above, it can be understood that emotional development is a process where a child's emotional attitudes mature through interactions with parents, peers, teachers, and society. Therefore, the need for emotional maturity is very important for children. Because emotional intelligence has a huge influence on a person's success and success.

C.   The Relationship of Problems in the Family to the Development of Students' Social and Emotional Attitudes

The family, as the first place of education for a child, plays a very big role and can shape what their attitudes will be like in the future. Children have been formed by parents who in fact become educators for them during the period of cognitive, affective and motor development. Disharmonious relationships or problems in the family will cause pressure, stress, and mental changes in children. According to [24] observed that problems in the family, such as parental separation, resulting in children experiencing repeated changes of residence, greatly influence the development of social and emotional attitudes in children. The relationship of problems in the family, namely one of the broken homes, to moral and psychosocial development, can be explained that bad moral behavior will emerge, namely: often not obeying rules, making mistakes and not wanting to apologize, often seeking attention by making noise during class hours. Apart from that, there are things that hinder psychosocial development, including children not being confident, not being enthusiastic about learning new experiences, and often comparing themselves with friends.

Empirical research shows that problems in the development of children's attitudes can arise due to depression in parents, especially mothers. This affects developing children such as physical and mental health. Apart from that, low parental education can also influence children's attitudes toward cognitive development, low academic achievement, and social maladjustment. The characteristics of a mother seem to be closely related to attitude problems in children, especially in the development of student's social and emotional attitudes [25].

3.3 Discussion

Based on the research results that Researchers obtained from several studies published in journals obtained through literature reviews, we obtained data on several cases of the impact of problems in the family on the development of social and emotional attitudes of elementary school student. Among others are:

A.   Tegal panggung Public Elementary School Yogyakarta City

The data we obtained is based on research conducted by Nada Savitri Nawangsari in 2022 with a journal entitled "The Influence of Family Problems on Children's Psychology and Learning Process at Tegalpanggung State Elementary School, Yogyakarta City, Yogyakarta Special Region Province" at Tegalpanggung State Elementary School, Yogyakarta City, Province Special Region of Yogyakarta. The journal explains that problems in the family will certainly have a big influence on the child's learning process at school. The author found around 15 children at the school who experienced disorders in the form of slow learners. The factor that causes some children to be slow learners is problems in the family such as parents' divorce which has a negative impact on the child. The impact of problems arising from the family will make children look very different from other friends. The differences are not only physical, but cognitive, affective, and psychomotor skills. The impact this has on the learning process is that the child tends to become quiet and a little moody. Even when interacting with other friends, the child doesn't talk much and tends to communicate by showing his facial expressions.

B.   Limbatihu Village, Paguyaman Beach District, Boalemo Regency.

In research conducted by Nurtia Massa et al in 2020 in a journal entitled "The Impact of a Broken Home Family on Children's Social Behavior" in Limbatihu Village, Paguyaman Pantai District, Boalemo Regency. Based on data obtained from the field, the author found 10 children who experienced broken homes. There are many factors that cause several children in Limbatihu village, Paguyaman Pantai subdistrict to experience broken homes. Starting from the divorce of both parents, irresponsible parental attitudes, economic problems, loss of harmony within the family and others. The impact of a broken home family on children's social behavior in Limbatihu Village, Paguyaman Pantai District, which the author found in field research, is:

1.   Susceptible to experiencing psychological disorders
2.   Hates both parents
3.   Easily get bad influences from the environment.
4.   See that life is a waste
5.   Not easy to get along with
6.   Moral Problems

From some of the children's social behavior, there are several behaviors that are very prominent, namely that they are easily exposed to bad influences from the environment and have moral problems. Children will easily be influenced by the external environment due to family conditions that do not provide comfort, so children will look for entertainment in their environment, which will result in them being easily influenced by the social environment.

C.   In Liprak Kidul Village, Banyuanyar District, Probolinggo Regency

Research conducted by Tuti'il Khoiroh et al in 2022 in their journal entitled "THE IMPACT OF BROKEN HOME FAMILIES ON CHILDREN'S SOCIAL BEHAVIOR IN LIPRAK KIDUL VILLAGE, BANYUANYAR DISTRICT, PROBOLINGGO DISTRICT" proves that the impact of broken home families on children's social behavior in Liprak Kidul Village, Banyuanyar District Probolinggo Regency has psychological problems, juvenile delinquency, and emotional problems. This impact occurs due to several factors such as economic problems, communication problems, domestic violence, and infidelity. Based on data obtained by the author, it was found that children who experienced broken homes in Liprak Kidul Village were vulnerable to psychological disorders caused by their parent's divorce. In this matter, of course, the role of the family is very necessary for the child's future development, both psychologically and physically.

4.   Conclusion

The family should be a comfortable place for a child, such as a place to share stories, express themselves, and develop their potential. In this way, the family can become a place of refuge and a place of excellent service for all family members. Parents are an important part of the family who should be able to carry out their role properly, namely providing love, security, comfort, and trust to children. However, if parents cannot carry out their roles and functions fully, this can ultimately have a negative impact on the development of children's social and emotional attitudes. Therefore, problems in the family will have quite an impact on children, especially negative influences. Not a few children who have problems in the family experience quite big impacts such as losing self-confidence, being quiet, stubborn, withdrawn and even opposing their parents. Thus, it can be said that problems in the family have an impact on the development of student's social and emotional attitudes.

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