

# Problematic Implementation of Counseling in Schools Based on Counselors' Code of Ethics

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**Abstract:** Problems with applying counseling in schools based on the counselor's code of ethics still occur. For example: (1) counselors do not use appropriate counseling theories; (2) counselors lack understanding of communication skills during the counseling process. Deviation from the code of ethics is caused by a lack of counselor competence. Hope in the future counselors can increase competence through periodic counseling training, also can follow the Professional Counselor program.

**Keywords:** problematic, counseling, code of ethics

## 1. INTRODUCTION

Counseling is the process of providing assistance carried out by a counselor to the counselee through face-to-face relationships to resolve the problem (Ardi & Sisin, 2018; Darch, et. al, 2014). The purpose of counseling is to help the counselee gain an understanding of himself, be able to direct the potential possessed, be able to solve the problems faced, so as to achieve self-actualization in accordance with its potential.

Counseling services are realized through face-to-face meetings between counselors and counsees at school in helping develop personal, social, learning and career aspects (Davis, 2014; Atmoko, et. al, 2019). It is hoped that through counseling, the counselee can make changes in attitude better than before.

Counseling is also referred to as the heart of the guidance program (Santoso, 2013). This means that counseling as a service that has a function as a whole, namely the function of understanding, prevention, alleviation, maintenance, and development (Prayitno, 2004). In line with this counseling must be done by a professional, who truly understands the implementation of counseling, besides that the counselor must also understand the techniques and stages in the counseling process. This relates to the competency of the counselor.

In carrying out their duties the counselor is not only required to meet competency standards, but also must obey the established professional code of ethics. The code of ethics is a guideline of norms and values that becomes the standard activity of professional members. Professional counselors or counselors also have their own codes of ethics that must be obeyed by their members. The code of ethics profession into the values of a professional who should be obeyed by members of professions such .

The reality in the field found the fact that many BK teachers or counselors did not comply with the code of ethics related to their abilities in counseling. For example BK counselors or counselors do not use techniques in carrying out the counseling process. This can hinder the process of providing services to the counselee, also hinder the process of achieving the goals of the counseling process itself. From this explanation, the author aims to find out the problems of implementing counseling in schools based on the counselor's code of ethics.

## 2. METHOD

The method used in writing this article is the library method. Literature study or literature can be interpreted as a series of activities relating to the method of collecting library data, reading and recording and processing research materials Supriyadi (in Zed, 2016). Researchers obtain data sources from reference books, scientific journals and legislation and similar research results. The process of collecting data is done by reading, recording and grouping data according to research interests.

## 3. RESULTS AND DISCUSSION

### 3.1 Counselor Professional Code of Ethics

The counseling process is assistance given to overcome counselee problems related to personal, social, learning and career aspects. In its implementation the counselor must have good communication skills and use appropriate techniques or approaches and clear steps. This is one of the attitudes that shows that the counselor obeys the professional code of counselor regarding the responsibilities as a counsellor

The code of ethics profession is needed so that the teaching profession of counselors or counselors can

maintain the quality standards and status of their profession within clear boundaries with other professional members so as to avoid the possibility of distortions of duties by those who are not involved in the field of guidance and counseling (Hunainah, 2016) . Applying an appropriate code of ethics will also increase public confidence in the integrity of a profession. Therefore the code of ethics is needed as a basis, a reference in carrying out the duties and responsibilities of the profession and as a guarantee of protection for providers and recipients of aid services.

In accordance with the contents of the Professional Counselor Code of Ethics 2018 in Chapter IV, the responsibility to yourself section explains that: (1) counselors realize that the quality of counseling services carried out has an impact on the counselor's own personality, especially in terms of the views of others about the ability and professional quality of the counselor. (2) the counselor strives continuously to develop his professional competence by maintaining the quality of himself and his profession

### **3.2 Problematic Implementation of Counseling Based on Counselor's Code of Ethics**

In reality, there are still many problems regarding the application of counseling based on the professional code of counselor. Such as counselors do not use techniques or approaches in the implementation of counseling, counselor communication skills are also less qualified. Fatchurahman (2017) said that in many schools the counseling process is often only a confession session where the counselee presents problems and the counselor gives advice, whereas in a counseling session a complete counseling package is needed.

Research conducted by Fatchurahman (2017) found that there were still BK teachers or counselors who lacked understanding and mastered communication skills (counseling interviews). Though mastery of communication skills is the basis of counseling. The ability of the counselor to communicate with the counselee is needed to explore the counselee's problems and expand his understanding of the counselee's self, so that they can show the right attitude (Paul, et.al, 2015).

Nurindahsari & Nusantoro (2015) suggested the phenomena associated with counseling services in schools were not in accordance with theories in guidance and counseling. One thing that is considered not in accordance with the theory in guidance and counseling is when the counseling process ends the BK teacher or counselor does not follow up, so it is still not appropriate. Though ideally the counseling process is not only done in one meeting, but carried out repeatedly until the counselee feels the problem is really solved.

In the 2018 Counselor Professional Ethics Code it has been explained that the counselor should continue to develop his professional competence by maintaining the quality of himself and his profession. But there are still many deviations made by the counselor. This happens

because of the lack of competency of the counselor which results in deviations from the counselor's professional code of ethics.

To be appointed as a counselor, a person must meet the academic qualifications and competency standards of counselors that apply nationally (Pendidiknas No 27, 2008). In line with Ministry of Education Regulation No. 27 of 2008 there needs to be an effort to improve counselor performance in accordance with the code of ethics. BK teachers or counselors need to conduct training on the implementation of counseling periodically, with the provision of good guidance and counseling knowledge the professional competence of counselors will also increase. He continued to attend the Professional Counselor Education (PPK) program to hone the academic abilities of the counselor through exercises so that the counselor was skilled in carrying out guidance and counseling services.

Through these methods the professionalism of the counselor is expected to increase in counseling and there are no more violations of the counselor's professional code of ethics. So, can provide maximum service and help solve problems from the counselee.

## **4. CONCLUSION**

Counseling is the process of providing assistance carried out by a counselor to the counselee through face-to-face relationships to resolve the problem. To be able to do counseling, the counselor must meet the competency standards that have been set. This attitude shows that the counselor obeys the professional code of counselor. The code of ethics is a guideline of norms and values that becomes the standard activity of professional members. There are still many problems in the field where counselors carry out deviations from the code of ethics by improperly implementing counseling.

It is expected that counselors will improve their competency through periodic training so that they can improve their ability to carry out counseling. Besides that, you can also take part in the Professional Counselor Education (PPK) program, through training the counselor will be more skilled in conducting guidance and counseling.

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